

Marriage and Family Life Resources

A. Primary Sources:

1. Family Life

A compilation created in 1982 with a covering letter from the Universal House of Justice: it was revised March 1990. It comprises extracts from the Bahá'í Writings and from letters written by and on behalf of Shoghi Effendi and the Universal House of Justice.

To obtain a copy click on the appropriate link. The first link is to the website and the second link is to a document you can download.

- (i) Website: http://bahai-library.com/compilation_family_life
- (ii) PDF: http://bahai-library.com/pdf/compilations/family_life.pdf.

2. Preserving Bahá'í Marriages

A compilation created by the Research Department of the Universal House of Justice in December 1990. There is a memorandum that goes with this compilation: it explains many important points that would otherwise be unknown or unclear. This can most easily be accessed at the UK Bahá'í Downloads website: <https://bahaidata.com/welcome/marriage-resources/>.

To obtain a copy of the compilation itself click on the appropriate link. The first link is to the website and the second link is to a document you can download.

- (i) Website: http://bahai-library.com/compilation_preserving_bahai_marriages
- (ii) PDF: http://bahai-library.com/pdf/compilations/preserving_marriage.pdf

B. Secondary Sources:

1. Bahá'í Families: Perspectives, Principles and Practice

The author, a teacher, family counsellor and mother of five, draws on the teachings of the Bahá'í Faith to provide an insight into the development of happy, strong and united families. The link for obtaining a copy of this is: <http://grbooks.com/george-ronald-publisher-books/family/bahai-families-1316170738>

2. To Be a Mother

A compilation of extracts from Bahá'í and other scriptures, as well as prayers, poems and aphorisms arranged in nineteen helpful sections, including: On the Birth of a Child; The Importance of Mothers; Educating Mothers; and Mothers Educating Children.' (To buy on the web see <http://www.waterstones.com/waterstonesweb/products/wendi+momen/to+be+a+mother/5175790/>)

3. To Be a Father

A compilation of extracts from Bahá'í and other scriptures, with prayers, poems, aphorisms and literary pieces on being a father, arranged in twenty sections including: On the Birth of a Child; The Importance of Fathers; Fathering; Fathers and Their Families; and Men of the New World Order. (To buy on the web see <http://www.waterstones.com/waterstonesweb/products/wendy+momen/to+be+a+father/4430988/>)

C. Articles on Marriage and Family Life:

1. Hossein Danesh

- "Marriage and Sexuality", transcript of a talk by Dr. Hossain Danesh on 13 April 1991: <http://bahai-library.com/talks/marriage.sexuality.html>
- "The Development and Dimensions of Love in Marriage", by Dr. Hossain Danesh, published in Bahá'í Studies Notebook, 1983: <http://bahai-library.com/articles/bsnb3-1.danesh.html>
- Danesh, H. (1994) *The violence-free family: Building block of peaceful civilization*. New York: Bahá'í International Community United Nations Office. <https://www.bic.org/statements/violence-free-family-building-block-peaceful-civilization#Z8Wq8o1QePsdzguD.97>

2. Nosrat Peseschkian

- Peseschkian, N. (1983) Applications of positive psychotherapy for marriage and family therapy. *Bahá'í Studies Notebook*, 3(1 & 2), 101-122. Retrieved February 2010, http://bahai-library.com/peseschkian_psychotherapy_marriage

D. Website Courses:

The Wilmette Institute courses on marriage and courtship:

<http://wilmetteinstitute.org/ourcourses/marriage/>

E. Other additional materials:

1. A series of talks on relationships and marriage by Dr. H Danesh are available on webchannel9: <http://www.webchannel9.com/category/relationships-and-marriage/>
2. Further information about other relevant books can be found on the BBUK website: <http://www.bahaibooks.org.uk/PBSCCatalog.asp?CatID=1832547> Two snapshots are pasted below showing the range of books available at the time of writing (June 2016):

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Marriage and the Family

Partners in Spirit: What Couples Say About Marriages That Work

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(Code: FAM566.SC)

Partners in Spirit will appeal to spiritually-minded engaged couples, newlyweds, and even long-time marriage partners seeking hints and advice about strengthening their relationship.

Author: Heather Cardin

Publisher: Bahá'í Publishing USA

Softcover



Prescription for Living

£ 3.00
(1 Item(s) In Stock)

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By Rúhíyyih Rabbani

The subject of this challenging book is man's present unhappiness, confusion and uncertainty. The author gives tips on how to be happy, forming good habits, love and marriage and overcoming sorrow and trials.

Bahá'í Publishing Trust, India

Soft Cover



Thoughts on Marriage

£ 1.00
(3 Item(s) In Stock)

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By Margaret Ruhe

In the Bahá'í Faith marriage is regarded as a divine institution. Marriage is seen as a grace and a benefit from God which is both sacred and eternal bond, and a challenge to be won each day.

Bahá'í Publishing Trust, India

Booklet - soft cover



Getting Old (GR)

£ 7.50
(7 Item(s) In Stock)

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Harlan Carl Scheffler, 92, takes a humorous look at what it is like to get old, then older, and move into a care facility. He reflects on what happens to us as we face idle times and experience the need for special care. And he wonders, 'What happens next? Is life immortal?'

Soft cover

George Ronald, Oxford



Creating Excellent Relationships

£ 13.00
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(Code: FAM102.SC)

Author: Susanne M Alexander

This book is your vital guide to knowing and developing your own character and skillfully observing character qualities in a partner.

Publisher: Marriage Transformation, LLC

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Family Life: A Compilation of Extracts from the Bahá'í Writings

£ 4.00
(7 Item(s) In Stock)

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(Code: FAM106.SC)

Family Life: A Compilation of Extracts from the Bahá'í Writings and from Letters Written by and on Behalf of Shoghi Effendi and the Universal House of Justice

Family Life addresses the subjects of marriage, the equality of women and men, the raising of children, and more. The extracts in this new edition are organized according to subject matter and include a number of passages not available in previous editions.

Compiler: Research Department of the Universal House of Justice

Publisher: Bahá'í Publishing Trust

Soft cover



Pure Gold, 2nd edition

£ 8.00
(8 Item(s) In Stock)

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Encouraging Character Qualities in Marriage

Authors: Susanne M Alexander, Craig Farnsworth
Second Author: John S Miller

Pure Gold goes right to the heart of what keeps marriages strong and vibrant—developing the fundamental character qualities for successful and extraordinary relationships. Now in its 2nd edition, with lots of new material! Written from a Bahá'í perspective to general audiences.

Publisher: Marriage Transformation LLC

Pages: 276

Softcover



Living in the Half-Light Sketches of a Bahá'í Family

£ 7.00
(8 Item(s) In Stock)

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(Code: FAM101.SC)

By Jean Gould

Using excerpts from the Bahá'í writings to support the stories (or maybe it's the other way around), *Living in the Half-Light* offers lots of examples of how the Bahá'í writings can be applied in our daily lives. A delightful read!

Bahá'í Publishing Trust, USA

Soft Cover



1 2

Marriage and the Family

Spiritual Mothering: Toward an Ever- Advancing Civilization (GR)

(Code: FAM335.SC)

(Special Offer - Normally £11.50)

Compiled and edited by Rene Knight-Weiler

Essays written by parents around the world on themes vital to every parent and parent-to-be, including 'The Noble Job of Parenthood', 'Love and Nurturing', 'Becoming a Non-Critical Parent' and 'Developing Spiritual Capacities'.

George Ronald, Oxford

Softcover

£ 6.00
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Marriage: A Fortress for Well-being

(Code: FAM551.SC)

Marriage: A Fortress for Well-Being offers valuable insights for every couple, whether married or in preparation for marriage, to apply spiritual principles to everyday needs. Redefining marriage as the basic building block for world peace and unity, the book explores issues such as dating, how to prepare for marriage, raising children, divorce, and more.

Introduction: Elizabeth Marquadt

Baha'i Publishing, USA

Soft cover

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Mindful Matrimony (GR)

(Code: FAM565.SC)

Enriching Your Marriage for the Rest of your Lives

What does a 'mindful marriage' look like? The new reality of marriage in this time of transition is a central theme of this book.

By: Furugh and Raymond Switzer

George Ronald, Oxford

Softcover

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Conscious Courtship (GR)

(Code: FAM190.SC)

Want to get married? Raymond Switzer approaches the issues with understanding and humour, drawing both on Baha'i teaching and professional experience as a psychologist.

George Ronald, Oxford

Soft cover

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Baha'i Parenting Perspectives (GR)

(Code: FAM165.SC)

Focusing on the spiritual upbringing of children, 30 Baha'i couples with over 300 years of collective parenting experience answer these and 50 questions from their own perspective, using the Baha'i writings as a guide.

By: Negin and Nima Anvar

George Ronald, Oxford

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Children of the Kingdom: A Baha'i Approach to Spiritual Parenting

(Code: FAM650.SC)

Children of the Kingdom: A Baha'i Approach to Spiritual Parenting

A practical guide for successful and spiritual parenting based on the love of God, the love of family, and the love of children.

Author: Daun E. Miller

Baha'i Publishing Trust, US

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Coral & Pearls (GR)

(Code: FAM180.SC)

Mehri Sevidvash's Coral and Pearls looks at some of the reasons why relationships fail to thrive and offers practical suggestions for keeping our marriages vibrant, joyous and intact.

by Mehri Sevidvash

Softcover

£ 5.50
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